



**Week 1**

All meals are home made and well balanced, within each meal children have a choice of flavours or side dishes.

| <b>Monday</b>  | <b>Tuesday</b>   | <b>Wednesday</b>  | <b>Thursday</b>   | <b>Friday</b>  |
|--|--|---|---|--|
| Variety of Pasta<br><br>Various flavoured Yoghurt.               | Egg, mayo & cucumber or tuna Mayo wraps and salad<br><br>Fruit | Jam/cheese/marmite crumpets<br>crudités and tomatoes<br><br>Angel delight | Crackers/bread sticks with various toppings, crudités<br>Fruit cocktail | Cheese, tomato & chutney or ham, cream cheese & cucumber Sandwiches<br><br>Yogurts |
| Homemade pizza, sweet potato wedges                              | Spaghetti Bolognese<br><br>Garlic bread                        | Prawn/Lentil curry<br>Rice<br>Pitta bread                                 | Roast Chicken<br>Roast potatoes & Veg                                   | Pesto & butternut squash<br>Or Tomato & ham<br>Pasta                               |
| Fruit & ice cream cone   | Jelly (various flavours)                                       | Flapjack  | Yoghurts variety of flavours  | Meringue & Fruit cocktail  |
| Water is available to drink throughout the day and at meal times |  |   |   |  |



| <b>Monday</b>   | <b>Tuesday</b>                             | <b>Wednesday</b>  | <b>Thursday</b>   | <b>Friday</b>                              |
|---|--|---|---|--|
| Beans/spaghetti on toast<br><br>Banana & Rice cake                | Homemade pizzas<br>Crudites<br><br>Yoghurt | Sausage rolls, quiche and salad<br><br>Fruit salad & Ice cream cone | Toasted cheese & ham or tuna melt muffins<br><br>Banana & custard | Egg, Vegetable & Rice salad<br><br>Fruit   |
| Chicken Pie and vegetables  | Fish fingers, chips and vegetables         | Cottage pie and vegetables  | Sausage, mash and peas  | Chicken Fajita Wraps<br><br>Carrot waffles |
| Fruity Iced biscuit   | Chocolate sponge cake                      | Yoghurt   | Pancakes and fruit  | Chocolate bar                              |
| Water is available to drink throughout the day and at meal times. |  |   |   |  |

**Week 2**

All meals are home made and well balanced, within each meal children have a choice of flavours or side dishes.



close to home

**Week 3**

| <b>Monday</b>  | <b>Tuesday</b>   | <b>Wednesday</b>                                     | <b>Thursday</b>                         | <b>Friday</b>  |
|--|--|--|---|--|
| Pitta pockets filled with ham & cream cheese or tuna mayo. Crudités<br><br>Oat balls | Crackers, breadsticks various toppings<br>Crudités<br><br>Fruit salad & strawberry sauce | Tuna mayo or Hummus wraps<br>coleslaw<br><br>Yoghurt | Variety of Pasta's<br><br>Angel delight | Beans/spaghetti on toast<br><br>Strawberries and Raspberries |
| Lasagne, salad bowl and garlic bread   | Macaroni, broccoli, & pea pasta bake or ham, tomato & basil                              | Fish pie<br><br>vegetables                           | Corned beef hash<br><br>Crusty baguette | Sausage casserole<br>Toasted baguette                        |
| Fruit Kebabs   | Ice lollies  | Rainbow rice pudding                                 | Jam tarts                               | Yoghurts   |
| Water is available to drink throughout the day and at meal times.                    |  |  |   |  |

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